

# Movement Inhibition Therapy

## Virtual Course



### Course Description

Movement Inhibition Therapy is a non-traditional treatment used over years of practice with patients that have unwanted movements that limit functional capabilities. It provides a sense of awareness and brain transformation with movements by improving efficiency and safety with general mobility. Movement Inhibition Therapy also helps to minimize risk of unexpected contractures and deformity, hip subluxation, and scoliosis with progression toward developmental milestones.

This course consists primarily of the application of muscle inhibition to assist patients with movement. A portion of the course will also be dedicated to splint fabrication and use to provide the appropriate treatment for the best outcome.

**7.5 CEUs**

### Cost

Course: \$450 per individual if paid via Zelle or Check.

Other forms of payment are available at an additional cost. Contact us at [ferrerpediatrics@gmail.com](mailto:ferrerpediatrics@gmail.com) for all payment methods.

### Course Objectives:

- Describe normal child development
- Recognize appropriate reflex responses and age of integration.
- Determine type of patients and conditions that could benefit from MIT treatment.
- Identify the primary and secondary impairments that contribute to limitations in functional abilities
- Describe consequences of unwanted movements and how to prevent secondary complications
- Demonstrate the correct sequence of inhibitory movements to increase postural control
- Describe the appropriate ROM to determine the necessity of immobilization.
- Construct and use appropriate immobilization devices to increase quality of movement.

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### Course Schedule

08:30 – 09:00	Registration
09:00 – 10:00	General overview of child development
10:00 – 11:00	Reflexes and Integration
11:00 – 11:15	Break; Available for questions
11:15 – 12:00	Inclusion Criteria and contraindications for MIT treatments
12:00 – 12:30	Video demonstration/ discussion
12:30 – 01:30	Lunch – on your own
01:30 – 02:30	Limitations of movements and secondary complications when treating with assistive device early on/ video demonstration of Movement Inhibition treatments
02:30 – 03:00	Associate reactions that interfere with independent movements/ Video demonstration
03:00 – 03:15	Break
03:15 – 04:00	Sequence of muscle inhibition to reach maximum potential
04:00 – 04:30	ROM requirements to initiate muscle inhibition/ video demonstration of application of flex splint
04:30 – 05:00	Discussion and questions

To register click on the following link: <https://www.ferrerpediatrics.com/movement-inhibition-registration>